



Wholistic Practices!

Finding Another Way through Alternative Practices: A Demonstration Project

For many of us, anxiety, stress, and trauma affect us in ways that gradually take their toll on everyday life. Our sleep, appetite, mood, demeanor, health, and general zest for life are affected.

Today many of us look to alternative treatment, complementary healing techniques, and energy or bodywork especially when life gets the better of us. And the literature supports that many find real relief and healing through these techniques. Unfortunately these same options are not often available to people with disabilities and instead we add on staff, programs, and expectations that are too often burdensome, difficult to implement, confusing, and do not yield the intended results.

Networks has gradually become more involved in offering “wholistic practices” of various types and has reached out to the same people we have always primarily assisted --- those with disabilities and their supporters and families.

Through a few small locally-based demonstration projects, we are excited to now offer to a few people “the system” has tried to understand and yet has failed to really help or has been challenged by.... to offer them and their supporters a new way of approaching their issues. We will utilize our knowledge of and access to various practitioners of wholistic services and alternative modalities, provide education and information in ways of physically and emotionally understanding and assisting them, and offer direct treatment sessions for these people and their supporters and care givers. We will work with teams, including Supports Coordinators, Behavioral Therapists, and others to find ways to document the stories pre and post as we learn together.

We are thrilled to launch yet another innovative opportunity to extend our mission... assisting all people to live the life they wish for in a gentler and more fulfilling way.



For more information, please contact:

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